

POWERLIFTING ZVEZA SLOVENIJE -
ZVEZA TROBOJA MOČI

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Powerlifting zveza Slovenije – zveza troboja moči invites everyone, who would like to compete in equipped powerlifting or bench press to:

2nd Slovenian National Championship in Equipped Powerlifting and Bench Press



Saturday, 14th September 2019
Center Natural 24/, Gasilska cesta 16, 1290 Grosuplje

All information included may change until the competition.

ORGANIZER : Powerlifting zveza Slovenije - zveza troboja moči

MEET DIRECTOR: Urban Mur, info@powerlifting.si, 041-378-455

APPLICATIONS:

Applications are possible **until 23th of August** via an online form. Every foreign competitor is obliged to pay the participation fee as noted below and an additional fee of 10€, which is equivalent to the annual registration fee for domestic lifters. The participation fee should be paid before 31st of August, otherwise the application is invalid.

PARTICIPATION FEE:

Powerlifting OR bench press	30€
Anti-doping fee	10€
Foreigner administration fee	10€

The return of participation fee is only possible with the doctor's confirmation of inability to compete.

WEIGHT AND AGE CATEGORIES (POWERLIFTING):

Competition will take place in open categories only by IPF points with no weight classes. Competitors from other IPF affiliates are welcome to compete in a separate class of guests. Weigh-in will start 2 hours before the first squat.

ALLOWED EQUIPMENT:

Equipment in accordance with IPF Technical rulebook is allowed to use. **As rules of PLZS state, use of squat suit, knee wraps and bench shirt is obligatory in order to clearly show differences between classic and equipped lifting.** Deadlift suit, belt, wrist wraps are allowed but not obligatory.

ANTI-DOPING:

Doping tests will be carried out. Every competitor needs to sign an agreement about not using doping and will be obliged to cooperate if selected for the test. In the case of a positive test, the competitor must pay all its expenses and act according to the WADA and SLOADO anti-doping regulations and processes.

GUEST COMPETITORS:

Foreign competitors are welcome to join us at the championship, if their national federation allows them to do so. They will compete in a separate class called »Guests«. Medals will be awarded to the best 3 guest male and best 3 guest female competitors in powerlifting and bench press, according to their IPF points.