

POWERLIFTING ZVEZA SLOVENIJE -  
ZVEZA TROBOJA MOČI

Gasilska cesta 16,  
1290 Grosuplje

E: [info@powerlifting.si](mailto:info@powerlifting.si)

W: [www.powerlifting.si](http://www.powerlifting.si)

T: 041 378 455 (Urban Mur, predsednik)



*Powerlifting zveza Slovenije – zveza troboja moči* invites everyone, who would like to compete in classic powerlifting or bench press to:

## 6<sup>th</sup> Open Slovenian National Championship in Classic & Equipped Powerlifting



**Saturday, 10<sup>th</sup> October 2020**  
**dvorana Ivana Cankarja, Tržaška cesta 9, 1360 Vrhnika**

All information included may change until the competition.

**ORGANIZER :** Powerlifting zveza Slovenije - zveza troboja moči

**MEET DIRECTOR:** Urban Mur, [info@powerlifting.si](mailto:info@powerlifting.si), 041-378-455

**SCHEDULE:**

COMPETITION	CLASS	TIME
Powerlifting	SJ, J, M, guests female	Morning session
Powerlifting	SJ, J, M, guests male	Morning session
Powerlifting	Open female	Afternoon session
Powerlifting	Open male	Afternoon session

*Final schedule will be published at the end of applications and may change.*

**APPLICATIONS:**

Applications are possible **until 17<sup>th</sup> of September** via an online form. Every foreign competitor is obliged to pay the participation fee as noted below and an additional fee of 10€, which is equivalent to the annual registration fee for domestic lifters. The participation fee should be paid before 19<sup>th</sup> of September, otherwise the application is invalid.

**PARTICIPATION FEE:**

Powerlifting (application before 10 <sup>th</sup> /payment before 12 <sup>th</sup> of September)	30€
Anti-doping fee	10€
Foreigner administration fee	10€
Application after 10 <sup>th</sup> /payment after 12 <sup>th</sup> of September	+10€

**COMPETITORS, WHO HAVE APPLIED ALREADY FOR COMPETITION IN MARCH CAN RESIGN FROM THE COMPETITION WITH FULL REFUND BEFORE 31ST OF AUGUST.**

*Once the payment is done, the return of the fee is not possible.*

**WEIGHT AND AGE CATEGORIES (POWERLIFTING):**

Competitors can apply for all weight and age categories, stated in the IPF Technical rulebook. Weigh-in will start 2 hours before the first squat for each group.

**ALLOWED EQUIPMENT:**

All pieces of equipment that are in accordance with IPF Technical rulebook is allowed. Knee sleeves, belt and wrist wraps may be used. Knee wraps, velcro belts and padded belts are not permitted. **Every competitor is obliged to wear a non-supportive suit – singlet. Only knee sleeves that are part of [IPF approved list](#) may be used.**

**ANTI-DOPING:**

A doping test will be carried out. Every competitor needs to sign an agreement about not using doping and will be obliged to cooperate if selected for the test. In the case of a positive test, the competitor must pay all its expenses.

## GUEST LIFTERS:

Foreign competitors are welcome to join us at the championship, if their national federation allows them to do so. They will compete in a separate class called »Guests«. Medals will be awarded to the best 3 foreign male and best 3 foreign female competitors in powerlifting, according to the IPF-GL points.

## MEDIA PACKAGES:

In cooperation with a professional photographer Pia Klančar and Work.TV we offer you a variety of media packages to cover your performance in pictures and videos:

- PHOTOS - BASIC PACKAGE (7€) - Do you want to ensure to get all the event photos with you on? You will receive all photos you are on that photographer will make during the competition in full resolution and without sponsor logos.
- PHOTOS - PREMIUM PACKAGE (28€) - You will receive personalized photos of all 9 attempts in full resolution and without sponsor logos (example below).
- VIDEOS (5€) - You will receive professional HD videos of all 9 lifts.



## OFFICIAL T-SHIRT:

An official championship t-shirt will be for sale by the price of 10€. T-shirts can be pre-ordered at the application form or via the special online form for T-shirts. The amount of extra t-shirts at the meet will be limited. The design of the shirt will be published shortly.



**SPECTATORS:**

The admission for the spectators will be free of charge. Spectators are kindly invited to come and support the competitors.

**VOLUNTEERS:**

Should you not compete, you can still be a part of the competition as a volunteer. People for the preparation of the venue, for recording the results, for spotting and loading and the help at the day of the competition are needed. **Lunch and snacks will be provided!**

**SPONSORS:**

Every company or corporation, interested in becoming a sponsor of the competition can contact us on the email address [info@powerlifting.si](mailto:info@powerlifting.si).